

Individual's Details

Participant

Name	Tuovinen, Andrew
Bib Number	80039
Age Group	60-64
Nat	 CAN

Race Details

Race	2025 Vancouver
Division	HYROX

Judging Decision

*Bonus	-
*Penalty	-
Disqual Reason	-
Info	-

Overall Time

Rank (M/W)	456
Rank (AG)	4
Overall Time	01:25:15

WORKOUT SUMMARY

RACE REPLAY

Workout summary

This is a summarised view of the race.

	Split	Time	Place
01	Running 1	00:02:21	-
	1000m SkiErg	00:04:43	837
02	Running 2	00:04:31	-
	50m Sled Push	00:03:25	1197
03	Running 3	00:04:36	-
	50m Sled Pull	00:05:17	738
04	Running 4	00:04:30	-
	80m Burpee Broad Jump	00:05:16	554
05	Running 5	00:04:49	-
	1000m Row	00:04:52	613
06	Running 6	00:04:35	-
	200m Farmers Carry	00:02:05	551
07	Running 7	00:04:28	-
	100m Sandbag Lunges	00:04:57	458
08	Running 8	00:05:43	-
	Wall Balls	00:12:16	1247
	Roxzone Time	00:06:58	279
	Run Total	00:35:30	148
	Best Run Lap	00:04:28	253

Season 25/26

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WORKOUT SUMMARY

RACE REPLAY

Race replay

This is a step by step walkthrough of your race.

Split	Time Of Day	Time	Diff
Rox In	08:02:22	00:02:21	02:21
1000m SkiErg In	08:02:36	00:02:36	00:15
1000m SkiErg Out	08:07:19	00:07:18	04:42
Rox Out	08:08:00	00:08:00	00:42
Rox In	08:12:30	00:12:30	04:30
50m Sled Push In	08:13:02	00:13:01	00:31
50m Sled Push Out	08:16:26	00:16:26	03:25
Rox Out	08:17:04	00:17:03	00:37
Rox In	08:21:39	00:21:39	04:36
50m Sled Pull In	08:21:43	00:21:43	00:04
50m Sled Pull Out	08:27:00	00:27:00	05:17
Rox Out	08:27:13	00:27:13	00:13
Rox In	08:31:43	00:31:43	04:30
80m Burpee Broad Jump In	08:32:11	00:32:11	00:28
80m Burpee Broad Jump Out	08:37:27	00:37:27	05:16
Rox Out	08:37:46	00:37:46	00:19

Rox In	08:42:34	00:42:34	04:48
1000m Row In	08:43:10	00:43:09	00:35
1000m Row Out	08:48:02	00:48:01	04:52
Rox Out	08:48:27	00:48:26	00:25
Rox In	08:53:01	00:53:01	04:35
200m Farmers Carry In	08:53:52	00:53:52	00:51
200m Farmers Carry Out	08:55:57	00:55:57	02:05
Rox Out	08:56:24	00:56:24	00:27
Rox In	09:00:52	01:00:52	04:28
100m Sandbag Lunges In	09:01:51	01:01:51	00:59
100m Sandbag Lunges Out	09:06:48	01:06:47	04:56
Rox Out	09:07:17	01:07:17	00:30
Wall Balls In	09:13:00	01:12:59	05:42
Total	09:25:15	01:25:15	12:16